



ANNUAL REPORT

Centre Against Sexual Violence Inc.

A safe space for women to heal

2021 - 2022

Tatiana Monteiro da Silva Araujo CHAIRPERSON

For each of us, the past year was not easy, especially because the global COVID-19 pandemic continued to re-frame many aspects of our lives, resulting in unforeseeable and dramatic changes for women and their children. However, under CASV's Manager's successful leadership, Katrina Weeks and her Team have continued to work to ending sexual violence against women and young women aged 12 years and over, through healing, education, and prevention.

The Management Committee members are proud to continue to support our staff who in turn support our valued and inspirational clients. We would like to thank the dedicated contributions of staff and volunteers, and despite the challenges that lie ahead, as we navigate the "unknown" COVID future, we know CASV is prepared for what the future may bring and will keep building its strengths.

It has been a challenging year but with many achievements – for which we would like to again thank our committed staff. We would also like to pass on our appreciation to the Members of the Committee whose leadership and direction is critical to CASV. We are immensely proud of the activities undertaken and performance presented this year. It continues to be a great honour and privilege to be part of a progressive organisation that is genuinely committed to ending sexual violence against women and their children.

Katrina Weeks MANAGER

The Centre Against Sexual Violence Inc (CASV) has continued to provide a service to some of the most vulnerable women across the Redlands and Logan communities through the uncertain times of the COVID 19 pandemic and flooding. The number of new referrals continues to increase with significant demand in Logan. Thank you to all CASV staff: our counsellors and the A Team, for your commitment and adaptability in responding to the ongoing impacts and challenges of COVID 19 on our own lives and to the many women we continue to support. I thank Miranda our Senior Practitioner for her support of the counselling team and her advocacy through the Queensland Sexual Assault Network.

CASV continues to be inspired and grateful to the women and young women who have survived sexual assault and seek out a healing journey in partnership with CASV. Clients have also shown adaptability and perseverance. We continue to learn from survivors the importance of advocating for system changes and seeking to have the community take responsibility for ending Sexual Violence.

This year we welcomed seven new members to the Management Committee, Pia Deerein Vice Chair, Jane Barrett Secretary, a new Treasurer, general members Fiona Demnar, Lourdes Goumez, Kim Wright and Julia Stubbs (staff representative). Thankyou to our returning MC member Tatiana Monteiro da Silva Araujo for taking on the role of Chairperson. Thank you to retired member Lynette Denning who had held the role of Treasurer.

The CASV currently has ten permanent staff members, 8 Locum counsellors, 2 students and 1 relief receptionist. We appreciate the support of our funding bodies: Department of Justice and Attorney General (QLD) and for Redress through the Department of Social Services (CwIth). Although we are grateful for the additional COVID funding through DJAG and the extension through the DSS Redress Scheme, these short term contracts mean that we are unable to offer permanent contracts to many staff or to have certainty in our business plans. This lack of permanency adds to the already unstable climate we are all working in and increases staff susceptibility to burnout. CASV staff are resilient, but they must be supported in every way possible to cope with the demands on the service and the very traumatic content that they are working with daily.

Other grants that CASV have appreciated in the last 12 months include: Investing in Qld Women's Grant (SVAM): DJAG, Safer Islands Project: Providing Sexual Assault Counselling Services to

What is consent

Consent is an agreement between participants to engage in sexual activity.



- Consent is about **COMMUNICATION**.
- Consent **IS ACTIVE**, not passive. It's freely choosing to say yes and being free to change your mind at any time.
- CONSENT SHOULD HAPPEN EVERY TIME, FOR EVERY TYPE OF ACTIVITY.**

Image supplied by Safe Sisters Ethni



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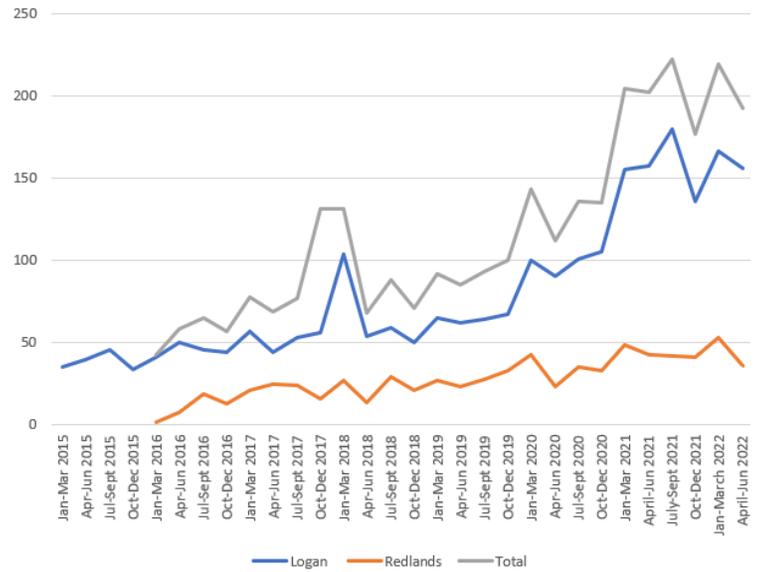
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the Redland Islands during COVID-19:DJAG, Healing Tea Towels - 2022 Truth, Healing and Reconciliation Grant: Department of Children, Youth Justice and Multicultural Affairs, Gaming Grant for the upgrade of a kitchen in Redlands, and Logan City Council donated funds for the Supporters Against Sexual Violence.

The Australian community is more readily acknowledging the extent of sexual assault. Queensland is making steps to better respond to survivors and to increase prevention. CASV contributed significantly to the Women’s Safety and Justice Task force, including hosting the taskforce at Logan. Again, the Supporters Against Sexual Violence (SASV) voiced significant real life experiences to the task force. SASV’s commitment to ending sexual violence and giving other women a voice is a significant contribution to the changes needed in Queensland.

CASV Referral Data 2015-2022



Miranda, Amanda, Carole, Florence, Kate, Katherine, Kristy Lee, Marisol, Melissa, Melita, Naomi, Sonia, Sophia, and Petar.
COUNSELLING TEAM

This year has been another busy year for the Centre Against Sexual Violence (CASV). We welcomed Melita, Kristy Lee, Sonia, Sophia and Carole to the counselling team. We were also fortunate to receive support from two student counsellors, Sonya and Daniela.

The increased referrals have resulted in longer wait times for clients and has also created new challenges for staff to address. CASV has continued to review our responses to the increasing demand for our services in the Logan, Beaudesert and Redland areas. One step CASV implemented was to reintroduce an intake process to ensure clients can attend their first appointment in a timely manner and be linked in with interim supports whilst waiting to access ongoing counselling at CASV.

With the relaxation of COVID-19 restrictions, we had more women and young women returning to face-to-face counselling. We were also able to facilitate more groupwork. In October 2021, CASV submitted a grant to the Truth, Healing and Reconciliation Grants Program, and was approved in February 2022. This enabled the Healing Tea Towel project to be facilitated in Logan, Redlands and Brisbane areas. The Healing

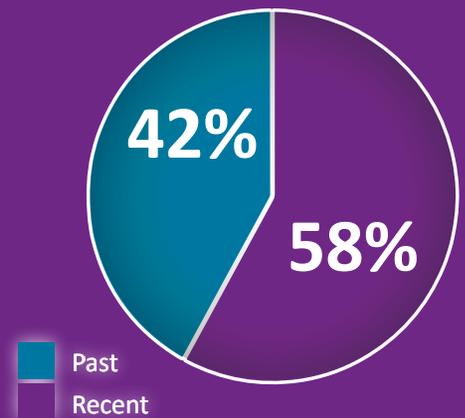
Tea Towel project focused on bringing women survivors together to share their healing journey via the medium of drawing. The women were invited to draw and share their drawings to be part of a group collage. This collage was then printed onto cotton tea towels, a special keepsake for survivors as a powerful reminder of the collective healing. CASV submitted another grant application during the year with the Investing in Queensland Women Grants. This application was successful and has been allocated for the Sexual Violence Awareness Month (SVAM) in October 2022.

In supporting young women in the community, some staff from CASV were invited to provide support to Safer Sisters workshop with young CALD women in the local community related to the topic of sexual assault. In May 2022, some CASV staff attended the Love Bites Junior Respectful Relationship Facilitator Training. Love Bites provides a collaborative learning environment for young people to learn and discuss relationships and sexual violence. CASV delivered Love Bites training to local schools across the year including delivering Love Bites Junior on Minjerribah for the first time.

CASV has been continuing to provide high quality, trauma informed counselling support to the diverse community. In March, the staff attended the Trauma Informed Diversity Training. This training enriched the staff knowledge and skills to work competently

and confidently with the growing number of transgender and non-binary people accessing CASV support. In June, the team attended a Wayapa Wuurk cultural training. It was a great opportunity for the staff to be immersed in culture to understand connection to country and community.

Past / Recent Sexual Assaults



Assault Reported to Police



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Rachel, Julia, Sarah, and Yasmin ADMINISTRATION TEAM

The A-team welcomed Yasmin, CASV's new casual receptionist. We work at both CASV Logan and Redland and share a comprehensive workload that includes referrals, client assistance, report writing, membership, finances, answering phones and doors, organising maintenance work to watering plants and the list goes on. Most of all we would like to acknowledge the bravery of clients for making that first inquiry via phone or through the CASV website or even to take that step to come to the service directly seeking support. The A-Team provides a supportive and warm response to all women in need.

We also acknowledge the amazing counselling team, who are all compassionate and always go that extra mile for their clients. The A-Team and the Counselling Team may have different roles, however work together with respect and kindness. If there's a computer problem, come to the A-Team, if a client is in crisis, go to the counsellor's team, we go hand in hand.

We send out a big thanks to Katrina who has been the acting manager at CASV and has provided supervision to us and guided us through busy times on the phones and always offering support when needed.

Katrina has continued to step up in this managers role when needed, representing the service at its best, we thank you Katrina.

The A Team has also completed some amazing training with Blueknot, WorkUp Qld and Julia completed an Advance Diploma of Community Sector Management.

Finally, Julia was the Staff Representative on the Management Committee for 2021-2022 and I would like to acknowledge the commitment of the wonderful Management Committee. Thank you to Tatiana the Chairperson who supports CASV constantly and travels across from her beautiful island home for meetings. Also, the 6 new members, Jane, Pia, Kim, Fiona, Lourdes, and a new Treasurer. You have been most supportive in making decisions with help of planning CASV's future. We hope to see you all back on the committee for 2022/2023.



Perpetrator Relationship to Client



Logan
8162

Hours Direct
Service Delivery to
Clients

Redress
1068

Redlands
3704



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Thank you to the 2021/2022 Management Committee for their commitment and support for both the Logan & Redland Centres.

Supporters Against Sexual Violence (SASV)

The Supporters Against Sexual (SASV) have been meeting regularly throughout the year. SASV worked on a new sticker and temporary tattoo for children aged between 8 to 10 with the message "My Body Belongs to Me". Also, SASV spent 4 hours meeting with The Women's Safety and Justice Taskforce and were quoted in the second report. They also spoke at the QSAN Candling Lighting at Parliament House. SASV have continued to make sensory bags for intake packs. CASV looks forward to continuing supporting SASV.



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The Centre Against Sexual Violence (CASV) Inc., humbly acknowledges the traditional owners and continuing custodians of the land on which we live, work, dream and play here at CASV Inc. We hope to continue learning from your struggle, strength, wisdom and survival.

The Centre Against Sexual Violence would like to thank the Department of Justice and Attorney-General and the Department of Social Services for funded support in 2021/2022